

Lancaster Stake Preparedness Classes 2012

“The Peace of Preparedness”

Classes held at 1701 W. Lancaster Blvd., Lancaster, CA



Food Storage Cooking Classes 6-7pm

- Jan 19: Food Storage...Use It or Lose It*
- Feb 16: Mixes and Meals
- Mar 15: No Knead Breads
- Apr 19: Beans, Beans the Magical Fruit
- May 17: Corn off the Cob
- Sept 20: How Nice is Rice
- Oct 18: Grains and Grinders
- Nov 15: Gifts from the Pantry

Preparedness Classes 7:15-8:30pm

- Jan 19: Lighting the Way...The Peace of Preparedness
- Feb 16: Sprouting and Gardening Made Easy
- Mar 15: Sheltering at Home: Pandemics, bio, nuclear
- Apr 19: Carefree Canning
- May 17: Dehydrating Made Easy
- Jun 9 : No Power Cooking (using) *Sat.
- Jul 14 : No Power Cookers (making)*Sat.
- Aug 25 : Water and Sanitation *Sat.
- Sept 20: Surviving Earthquakes, 72 hr kit, etc.
- Oct 18: Disaster Skills: rescue, triage, 1st aid, etc.
- Nov 15: Power Up: Lighting, Heating and Fuel

***JANUARY AND SUMMER CLASSES HELD AT THE LANCASTER STAKE CENTER
AVE K AND 32ND ST W.**



**Contact Debbie Kent at avfoodstorage@gmail.com
or go to peaceofpreparedness.com for more details.**