

72 Hour Kits by Debbie Kent

“Surviving Disasters” peacepreparedness.com

Disasters Happen: Have a Plan

Why Have 72 hour kit? Evacuate, *Gas tank 1/2 full*

Kinds of Kits: grab and go; car; office; student; travel; baby; pet; home

Containers: backpack; duffle bag; roller bag; trash can on wheels.

What goes in them? Drive or Walk? *Can you carry it?*

Next to bed: (hanging in bag) shoes, lightstick, whistle, Adults: gloves, pry bar (under bed)

Grab and Go:

Medications/glasses	Evacuation Plan (places/maps/addresses)
Change of Clothes/jacket/shoes/socks	Contact names/numbers/pencil/paper
Wallet (\$50+cash / CC/ temple ID)	Extra keys (work/cars/house)
Radio/ Cell phone/charger	Important Papers (see list)
Personal Hygiene (teeth/hair/body/fem.)	Thumbdrive (computer/photos/genealogy)
Flashlight/lithium batteries	Id's/photos (/family photo)
Shelter: blanket/poncho/tent	priesthood card/oil
Entertainment (cards/games/book/draw)	Favorite Toy/blanket (child)
Emergency Food (3+ days)	Water Bottles (4) + bottle filter
Pocket Knife/matches (adult)	First Aid Kit/Moleskin/work gloves/N95 masks
Gum, 12 piece pack	lotion/sunblock/chapstick

Office Kit (above plus):

Sturdy walking shoes, extra socks	Compass/whistle
Bandana & hat	Sunglasses
Pillow/blanket	Work gloves
Head flashlight, extra batteries	Pry bar
Water, 3 days	Food 3 days

Car Kit:



Jumper cables	duct tape
Cat litter	tire fixer
Blanket	basic tools
Water	Flashlight
Map	baby wipes
Window scraper	100 hr
candle/matches	

Babies: (ROTATE when change diaper size) diapers (200+), 6 pr clothes (big), 4 wk.of formula/food, bottle, blanket(2), baby wipes, pacifier, baby Tylenol, rash ointment, bib, spoon, sippy-cup, blanket, socks, hat, favorite toy.

Students: Grab and Go; plan; 2 weeks food and water

Pets: Leash, kennel, food, water, medications (NO pets at shelters)

Travel: Small grab and go in soft bag; empty water bottle

At Home: Bigger, better and more

“How empty it is as they put their spirituality, so-called, into action and call him by his important names, but fail to do the things which he says. A man should not only be prepared to protect himself physically, but he should also have on hand sufficient supplies to sustain himself and his family in an emergency.”

Ezra Taft Benson, “Prepare Ye,” Ensign, Jan 1974, 68

If you Wait, it's too Late.